

New Schedule



FLORIDA SPORTS MARTIAL ARTS ACADEMY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:45-4:15 After-School Tae Kwon Do	3:45-4:15 After-School Tae Kwon Do	3:15-3:45 After-School Tae Kwon Do	3:45-4:15 After-School Tae Kwon Do	3:45-4:15 After-School Tae Kwon Do	9:30-10:10 Youth All Belts
4:15-4:45 After-School Tae Kwon Do	4:15-4:45 After-School Tae Kwon Do	3:45-4:15 After-School Tae Kwon Do	4:15-4:45 After-School Tae Kwon Do	4:15-4:45 After-School Tae Kwon Do	10:10-10:50 Adults/Family All Belts
4:45-5:25 Beginner Belts	4:45-5:15 Little Dragons	4:15-4:45 BBC Open Mat	4:45-5:15 Little Dragons	4:45-5:25 MC Sword	11:00-12:00 BBC Open Mat
5:30-6:10 Intermediate Belts	5:20-6:00 Beginner Belts	4:45-5:25 BASIC	5:20-6:00 BASIC	5:30-6:10 Demo Team	12:00-1:00 MC Open Mat
6:10-6:50 Advance Belts	6:00-6:40 Intermediate Belts	5:30-6:10 BBC/MC Under 12	6:00-6:40 BBC/MC Under 12	6:10-6:50 MC Open Mat	2 0 1 0
6:50-7:30 Adult/Teens	6:40-7:20 Advance Belts	6:10-6:50 BBC/MC 12+	6:40-7:20 BBC/MC 12+	Private Lessons	
7:30-8:10 MC Open Mat	7:20-8:00 Adults/Teens	6:50-7:30 Adults/Teens	7:20-8:00 Adults/Teens	Private Lessons	
Private Lessons	8:00-8:30 BBC Open Mat	7:30-8:10 Advanced Endurance Class	8:00-8:45 Competition Sparring	Private Lessons	
Private Lessons	Private Lessons	8:10-8:50 MC Open Mat	Private Lessons	Private Lessons	

Please arrive at least 10 minutes before your scheduled class to stretch and retrieve attendance card

BBC= Black Belt Club
MC= Masters Club

*** Full Uniform required on Mondays & Tuesdays .
***BBC/MC Bring Sparring Gear and Weapons Wednesday-Saturday